



DISCUSSION GUIDE #4: WEEK 4

START

- Share your SOAP Journal entry from last week.
- Describe a time when you were disabled by sickness, depression, injury or surgery. What helped you recover?

WATCH *Kingdom Men Rising – Get Up*

MAN UP

- Read Acts 3:1-7. What kind of hardship do you imagine this man dealt with day after day?
- Why does suffering, physical or otherwise, often impact our spiritual lives?
- Dr Evans suggested that many times we go to church and get inspired, but not transformed. How does our sense of independence hinder us from receiving the healing God has for us?
- Describe some of the ways men limit their own potential by comparing themselves to others. How does comparison often lead to emotional pain and hardship?
- Dr Evans suggested there were many ways we could be “lame.” Which one stood out to you? What would it look like to be paralyzed in that area?
- In verses 6-7, what actions did Peter use to help the lame man? What hinders you from allowing someone else to reach out to you? What keeps you from reaching out to those around you that are hurting?

PRAYER

- Are you in more need of healing or help to know how to be a healing force for those around you? Pray for each other.



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SOAP JOURNAL EXERCISE WEEK 4

Read: Ezekiel 22

S - Scripture - Choose one verse from the scripture above and hand write it below.

O - Observation - Describe in your own words what you think the verse is saying. Explore words and phrases and try to put down what you “see” in this verse. You can even re-write the verse in your own words.

A - Application - Write down what you should do because of what this verse says. It may be something you need to keep doing, stop doing, or start new. Make it as detailed and specific as possible.

P - Prayer - Write a prayer thanking God for speaking to you, and ask him to help you focus on what he has said and what you should do.

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